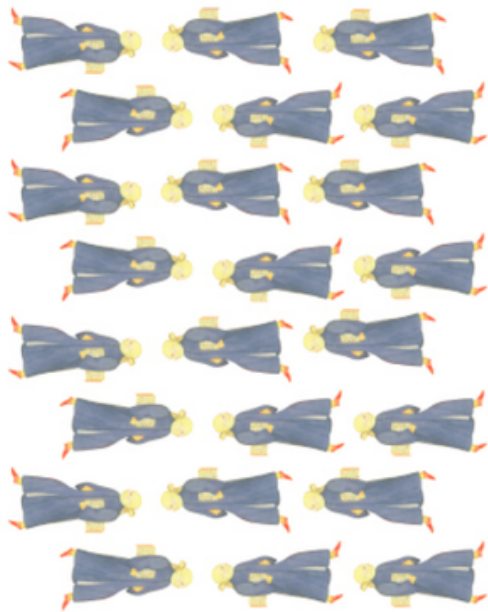




Ab-i Hayat

Duration: 110 Minutes

Price: 300 EUR

Use of hammam.

Traditional full body scrubbing in the warmest quarter.

Organic Lavender Extract and Sea Salt

Refreshing hand and foot peeling.

Redbud scented moisturizing and firming full body clay mask. Relaxing bubble wash ritual on the warm marble stone.

(Full body bubble massage, head and neck massage)

Hair wash ritual with redbud scented shampoo.

Aromatherapy Massage with redbud scented oil in the private massage room.

Moisturizing face mask in the massage room.

Face massage with organic face oil in the massage room.

Foot massage with redbud scented oil in the massage room. Fresh and dried fruits served on a plate.

Private changing room. / Farewell gift.

Ab-ı Hayat: Discover the Healing Touch of the Turkish Hammam

Step into the soothing world of the Ab-ı Hayat Turkish hammam, inspired by the concept of “water of life”, a symbol of renewal, purification, and rejuvenation. This 110-minute Turkish bath ritual combines traditional hammam practices with luxurious spa treatments for a deeply relaxing experience.

Begin with a traditional kese body scrub and head and neck massage, followed by a hair and bubble wash. Continue your relaxation with a private aromatherapy massage, designed to help ease tension and leave you feeling refreshed.

The experience also includes a hand and foot peel with a foot massage, followed by a face mask, redbud clay mask, and face oil massage for additional pampering from head to toe.

The hammam features separate sections for men and women, with gender-matched therapists providing your treatments. Bathroom essentials are also provided for your comfort.

Complete your visit with Ottoman sherbet and dried fruit, adding a traditional touch to this luxurious hammam experience.

Overall, Ab-ı Hayat brings together centuries-old Turkish bathing rituals, relaxing massages, and modern spa treatments in one comprehensive experience designed to help you unwind, refresh, and rejuvenate.